

**WANT TO TAKE  
YOUR FITNESS  
TO THE NEXT LEVEL?**

**JOHN MADSEN PERFORMANCE**

**RECEIVE 1 FULL WEEK  
TRAINING WITH TEAM  
JMP AND FULL BODY  
COMPOSITION  
ASSESSMENT FOR FREE**



**WHAT WE DO:**

**PROVIDE YOU WITH THE RIGHT ENVIRONMENT, STRATEGIES,  
& COACHES TO UNLEASH YOUR FULLEST POTENTIAL**

**THE JOHN MADSEN PERFORMANCE ADULT  
FITNESS PROGRAM COMBINES ATHLETIC BASED  
STRENGTH AND CONDITIONING AND A FLEXIBLE  
NUTRITION PROTOCOL TO GET YOU THE  
BODY YOU WANT RIGHT NOW!**



**JOHN MADSEN PERFORMANCE**

6151 HIGHLAND DR, HOLLADY UT 84117 (INSIDE XCEL FITNESS)

[WWW.JOHNMAADSENPERFORMANCE.COM](http://WWW.JOHNMAADSENPERFORMANCE.COM) | [JOHN@JOHNMAADSENPERFORMANCE.COM](mailto:JOHN@JOHNMAADSENPERFORMANCE.COM)